

The Spine ..from A to Z

Management of Spine disorders

.. Beyond the GUIDELINES

Program description:

Research shows that effective therapy tools and concepts can manage spine disorders. Skilled clinicians can choose the best approach for each patient through sound clinical reasoning. This 2 levels program offers a clear clinical management framework presented by experienced experts in spine disorders. Participants will learn to integrate these techniques into their practice and design customized treatment plans to optimize patient outcomes.

- **Online part**
- **Essential level (part 1): Lumbopelvic disorders (4 days)**
- **Essential level (part 2): Cervical, thoracic disorders (4 days)**
- **Advanced level (2 parts)**

Teaching Team:

- **Dr. Mark Laslett**

PhD, NZRSP, FNZCP, Dip.MT, Dip.MDT

- Mark graduated in 1971, has over 50 years of clinical experience in painful MSK conditions with focus on LBP. He presented approximately 250 courses worldwide, and has over 40 publications. Mark was honored as a Life Member by both Physiotherapy New Zealand and the New Zealand Manipulative Physiotherapists Association in 2014 and 2015.

- **Dr. Ahmed M. Hefny**

DPT, CMTI, CDNI, KCMT, MCTA.

- Graduated in 2004, has over 20 years of clinical experience. He presented approximately 250 courses in Management of painful MSK and sports conditions in Egypt north Africa and middle east countries. Ahmed main specialty is OMT and DN. He got accredited as a Mulligan Concept Teacher from MCTA in 2022. Ahmed is a co-Founder and Director at Academy of International Medical Seminars (AIMS).

- **Dr. Mohamed Gamal**

DPT, CMP, CDNI, KCMT, CLT.

- Graduated in 2005, with 18 years clinical experience
- Accredited Senior Lecturer at AIMS
- Certified Mulligan Practitioner
- Kinetic Control Movement Therapist
- Certified Lymphatic Therapist

- **Dr. Ahmed Raffet El sayed**

- Teaching Staff Member - Department of Biomechanics , faculty of physical therapy - Cairo University. Ahmed headed many international research groups around the world, His most influential work in Research is his success in describing two syndromes and announced them in 2016, while the first was officially presented in the medical literature in 2024. He was nominated for more than one award for them and received many high-ranking honors.

- **Dr. Hossam Elbadry**

CMP, CMTI, CDNI, KCMT.

- Physiotherapist, has over 16 years of clinical experience
- Accredited Senior Lecturer at AIMS
- Certified Mulligan Practitioner
- Kinetic Control Movement Therapist

- **Dr. Mohamed Elzoghby**

CMP, CMTI, CDNI, KCMT.

- Physiotherapist, has over 12 years of clinical experience
- Certified mulligan practitioner
- Certified dry needling practitioner & Instructor.
- Kinetic control movement therapist

- **Dr. Noha Khalid Shokry**

- Lecturer of biomechanics - faculty of physical therapy Cairo university
- Noha has over 12 years of Academic experience teaching regional biomechanics, Ergonomics, gait analysis & abnormalities. She's an Active clinical researcher specially in spine disorders & Moderator of motion and gait analysis laboratory at the faculty of physical therapy Cairo university till 2018.

Main Topics to be covered:

- ✓ Different classifications of patients with Spine disorders
- ✓ Principles of Radiology of the spine (X-rays - CT - MRI)
- ✓ Evaluation & DDx. of different sources of pain in patient with spine disorders (include cervical, thoracic, lumbar spine, Hip, SIJ & peripheral pain with spine origin).
- ✓ Comprehensive management of common spine disorders (internal disc disruptions - discogenic back pain - lumbar canal stenosis lateral shift - spondylosis - facet arthropathy- clinical instability - Spondylolysis - Soft tissue injuries)
- ✓ Evidence based management of SIJ disorders & hip disorders (include hip Spine Syndrome - FAI - hip OA.)
- ✓ Proper integration of common concepts of treatment approaches (Decompression positioning based symptoms response - movement therapy - manual therapy tech. - neurodynamics)
- ✓ Practical application of selected manual therapy techniques for (cervical, lumbar spine, Hip, SIJ, thoracic & rib cage)
- ✓ Exercise prescription include (Mobility exercises - progressive Spine Stability exercises - PNF - Motor Control)
- ✓ Assessment and management of cervicogenic headache, dizziness and other common upper cervical disorders.
- ✓ Post-operative rehabilitation guidelines for different surgical procedure or minimum interventions for common spine disorders (include possible post-operative complications).
- ✓ Biopsychosocial model vs. Biomechanical model in management of patients with chronic spine pain.
- ✓ New approach in assessment and management of spine disorders based on clinical kinesiology point of view.

For more information, venue, fees and registration please contact:

What's App: **+201067906745 / +201050771120**

Email: info@physioaims.com

OUR NEW EDUCATIONAL LINE

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27-28-29-30 November
11-11-13-14 December
27-28 December



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