

**The Schroth
Best Practice
Program** by
Dr. Weiss

The Schroth Best Practice®course program

(designed by Dr. Weiss, the grandson of Katharina Schroth)

We'll put your spine back on the rail!



Short description:

The Schroth Best Practice® (SBP) course program

The official Schroth Best Practice® course program (SBP) is designed for Physical Therapists, Occupational Therapists, Osteopaths, Chiropractors and other medical Physicians to allow the acquisition of the skills necessary to guide their scoliosis patients professionally, to diagnose curve patterns and to apply pattern specific exercises for the treatment of scoliosis.

For more about visit www.schrothbestpractice.com

check on our homepage for available courses in your country.

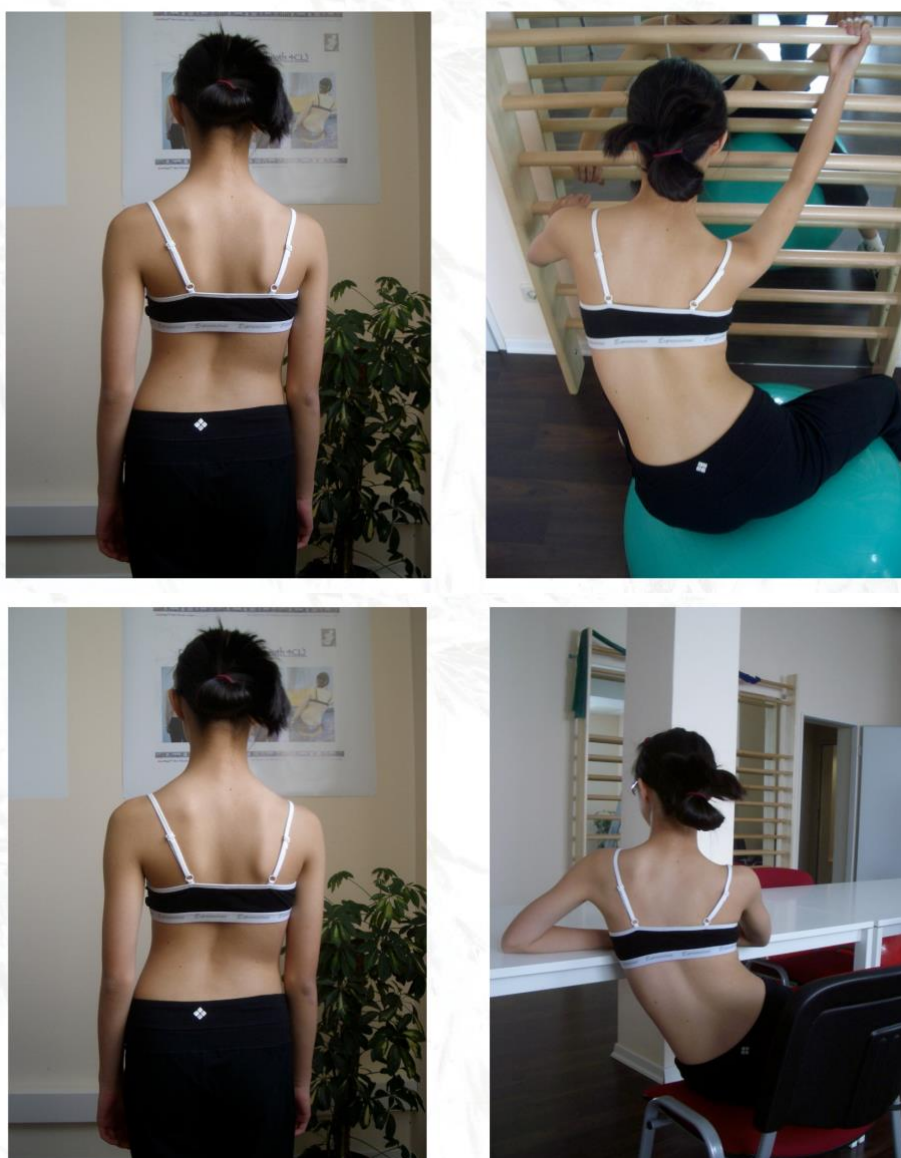


Fig. 1 and 2. The Schroth Best Practice® program is based on ADL corrections which are fostered with high correction exercises. The correction of the sagittal profile is another important aim we easily can address when using the physiologic® approach.

5 days practical training Cairo: 20 – 24 November 2024

Therapists only:

Day 1:

- Lectures (Conservative management of patients with spinal deformities – history - physiotherapy –indications, curve patterns – scientific evidence)
- Physio-logic™ (standing, sitting and while walking)
- Experiential learning session (workout of curve patterns)
- Correction of the Activities of Daily Living (ADL) in standing and sitting
- 3D-made-easy exercises + first ideas of Schroth.

Day 2:

- Lectures (Clinical & radiological investigation, deformities of different etiologies, brace treatment)
- Whole 1st. day program + Schroth exercises
- ATR and Cobb angle measurements
- De-Tethering exercises
- Examination

Therapists together with patients:

First patient group!

Day 3:

- | | |
|--|--------|
| - Welcome – physio-logic™ | 90 min |
| - Experiential learning: curve patterns & physical examination | 90 min |
| - Scoliosis patterns and correction of ADL | 90 min |
| - ADL & Walking, 3D-made-easy, Schroth I & II | 90 min |

Day 4:

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|---|--------|
| - Whole program + Schroth II & III | 90 min |
| - Systematic self correction & 3D-made-easy, + Schroth IV & V | 90 min |
| - Second patient group! | |
| - physio-logic™, scoliosis patterns and correction of ADL | 90 min |
| - ADL & walking, 3D-made-easy, Schroth I & II | 90 min |

Day 5:

- | | |
|------------------------------------|--------|
| - Whole program + Schroth II & III | 90 min |
| - Whole program + Schroth IV & V | 90 min |
| - Handout of certificates | |

3 international instructors:

Maksym Borysov (Ukraine)

- Physical Therapist, Orthotist, Schroth Therapist, Schroth Best Practice Therapist
- Senior Schroth Best Practice advanced Instructor (Brace & Rehabilitation)
- Senior Board Member.

Mahmoud Ibrahim, PT, PhD (EGYPT)

- Schroth Best Practice Therapist, Schroth Best Practice Basic Instructor
- Assistant Professor at University of Hertfordshire
- Lecturer of Biomechanics and Ergonomics, Faculty of Physical Therapy, MSA, Egypt
- CEO of ARC for Scoliosis Physiotherapy

- Mai Ahmed, PT, M.Sc (EGYPT)

- Schroth Best Practice Therapist, Schroth Best Practice Basic Instructor
- Assistant Lecturer, Physical Therapy for Surgery and Burn, Faculty of Physical Therapy, Ahram Canadian University, Egypt
- Branch Manager at ARC For Scoliosis Physiotherapy



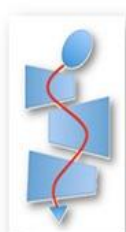
Organized by **AIMS**
Academy of International Medical Seminars

For more information, venue, fees
and registration please contact:

What's App: **+201067906745 / +201050771120**

Email: info@physioaims.com

Management of Scoliosis and spinal deformities



*The Schroth
Best Practice
Program* by
Dr. Weiss

Become Certified

SBP

20 - 24 NOVEMBER

TUTORS

**MAKSYM BORYSOV
MAHMOUD IBRAHIM
MAI AHMED**



 **WWW.PHYSIOAIMS.COM**